

from Sea Free

artefacts.seafree.space

We call ourselves Sea Free Receivers - folks who have had a chance to connect with Sea Free, sometimes without even knowing it at first. We invite you to consider becoming a Sea Free Receiver, opening yourself up.

You can not force a connection with Sea Free - Sea Free will flow into you whenever the moment arrives. You can help make yourself more ready through explorations of the offerings on this website, connections with people you love, time to relax and remain open to all you are and can be when you step outside the binaries of our universe.

As a part of this exploration, we invite and encourage you to consider making an artefact for yourself. [Here are the steps we have found useful in that process:](#)

- Connect to Sea Free.
 - While we do not control when or how Sea Free comes to us, we can make ourselves open to receiving - we can look for insights and listen deeply.
 - This is not a looking with our eyes or a hearing with our ears - it is a looking and listening with those other parts of us that we can not see, but can feel throughout our bodies and spirits.
 - While we do not control, we can invite. We can sit with the questions - What would we be if we lived in a world without binaries? What could we know about ourselves? What could be true for us and others if we lived outside of binaries?
 - This would not be a utopia, Sea Free isn't. We would still be all the complexity of ourselves, just... not trapped, not set in stone, not committed to definitions that don't fit. We could move through the complexity, and stretch our wings further.
 - For some, it can be helpful to really play this out - imagine where you would live, who you would be with, what you would wear or eat or do. A few ways to play:
 - Free write a journal entry from a "day in the life" of you in this world.
 - Draw a self portrait or scene from you in a non-binary life.
 - Record a voice memo of what could be true for you if you could be all of your selves.
 - Gather a few friends to make art or share stories from your non-binary life together.
 - Spend some time reading about Sea Free on this site, and sitting with the artefacts in this archive. While some Sea Free Receivers have spontaneously established their connection with Sea Free, most have begun connecting to Sea Free after sharing in the stories or insights from

Sea Free of others around them. We have built this website for this express purpose: to offer that opportunity to you.

- As you make your invitation to Sea Free to come - notice. Bring awareness to what moves as you move through your invitations - somewhere in there you may find your connection to Sea Free.
- Notice the impact.
 - What starts to shift in your understanding of yourself and/or the world around you?
 - What do you become tickled by?
 - What grief or anger releases?
 - What joy is discovered?
 - From our own personal experience we can say: Connecting to Sea Free can be a risk. Sea Free is not a utopia, so not all that flows out to us in this connection is easy, positive or comfortable. Sea Free is not about being “perfect” or “actualized” or a “better version” of ourselves. It is about being a more honest and complete self: wholly who we are. And parts of being human are uncomfortable, contested, dangerous. The difference is, those parts of us in Sea Free are not ashamed, nor are they codified in rigid and oppressive systems and structures. Sea Freesians flow through their complexities - for more on this, visit our [dynamics page](#).
- Choose an element of our visual world or a personal memory/experience that helps convey the impact/lesson/feeling you have received through your connection to Sea Free.
 - We have found it helpful to use symbols, icons, metaphors, or images from our world - presenting them in one of the Sea Freesian formats listed above - to convey the impact of Sea Free in our lives.
- Create an artefact
 - Choose a Sea Freesian form of art: Maps of Informalities, Spiral Stories, or Memory Beds.
 - Choose the media you'd like to use: collage, bookmaking, shadow boxes, works on paper. What joy is discovered?
 - Create your piece(s), your physical artefact.
 - Write or record your Sea Free Receiver Impact Story - a few paragraphs that describe the impact of Sea Free on you that you hope to convey through this artefact.
 - Note: Receivers often write their impact story first and then create the physical piece, but this can be done in either order.

To submit your artefact for consideration into the archive, visit our [Current Invitations](#) page at <https://seafree.space/invitations/>.